

STOIC VAULT BONUS

Claim-Safety Card

What not to claim when you write practical Stoicism for KDP.

You are writing a short non-fiction book of ideas and practices. You are not opening a clinic, and you are not selling a result. This card is a publishing limit. It is not legal advice. It protects the person writing the book and the affiliate who offers this bonus.

Four limits

Not medical advice. Do not tell the reader the book treats, cures, prevents, or manages an illness, an injury, or a diagnosed condition. A chapter about a hard day is not a protocol.

Not therapy. Do not write the book as a session, a treatment plan, or a way through trauma, anxiety, depression, or grief the way a clinician would. A writing exercise is not care.

Not income results. Do not promise money, royalties, a saved business, or a better month because someone practices Stoicism or publishes a book. A chapter about discipline is not a forecast.

Not “this replaces a clinician.” Do not tell the reader to skip a doctor, stop medication, or use the book instead of professional care. If you would not say it to a friend who is under treatment, do not print it.

You still edit. If a draft drifts into any of these, cut it before you publish. Stoic Vault does not review your manuscript. AuthorVault does not sign the book.

Before you publish

Read these four places. If a claim is sitting in one of them, rewrite it or cut it.

1. The subtitle and the first page. A promise of health, treatment, or money does not belong there.
2. The exercise. It is a practice. It is not a session and it is not a protocol.
3. The close of the chapter. One idea. No result attached to it.
4. Any line you would not say to a friend who already has a doctor. That line stays out of the book.

EXAMPLES

Short and don't

Use the shape. Change the scene to match the book. Do not keep a line just because a draft generated it.

Medical**DON'T**

This chapter treats panic attacks.

DO

This chapter is a reading practice for a noisy afternoon. It is not medical advice.

Therapy**DON'T**

Use this exercise instead of therapy.

DO

This is a writing exercise about a hard Tuesday. It is not therapy.

Income**DON'T**

Stoic discipline will raise what you earn.

DO

This chapter is about choosing on purpose. It does not say what you will earn.

Replaces a clinician**DON'T**

You do not need a therapist if you do this daily.

DO

If a clinician is part of your life, keep that relationship. This book does not replace one.

A line you can put in the front of the book, in your own words: "This book is practical reading for everyday choices. It is not medical advice, not therapy, and not a substitute for a clinician. It does not promise income or any other result."

If you are the affiliate

When you mail Stoic Vault, do not add medical claims, therapy claims, income claims, or a line that says the book replaces a therapist. Offer the product. The swipes on the JV page already stay inside the product. Use them as written.

Hand this card to the buyer with the other two bonuses. It is here so the book they publish does not create a problem for them, or for you.