

STOIC VAULT BONUS

Stoic Angle Sheet

A picker for one short book. Not keywords, blurbs, or prompts.

Use this sheet to choose the book. A short practical Stoicism book is for one reader with one problem. It teaches one practice they can repeat.

This is not a keyword pack, a blurb template, a pen-name kit, or a prompt library. Those are paid offers. Do not turn this page into a listing. Pick an angle, then draft.

How to pick

1. Name the reader you can already picture. If you cannot picture a week of their life, you do not have a book yet.
2. Choose the one angle below that matches that week. If two angles fit, you have two books. Do not merge them.
3. Write one sentence: the problem, and the practice the book exists to teach.
4. Take that sentence into Stoic Vault. Path: concept, book bible, chapters, KDP assets.
5. You still edit every chapter. You still decide what gets published. This sheet does not publish the book.

One angle. One reader. One practice. Not an academic classics book. The reader does not need a philosophy degree. You do not write them one.

Eight angles

Each block is a reader and a practice. It is not a keyword and it is not a chapter prompt.

01 Work stress

READER PROBLEM

The workday keeps running after the laptop closes, and the reader cannot tell a real priority from noise.

WHAT THE BOOK HELPS THEM PRACTICE

Separating what the job actually requires from what they cannot control, then taking the next useful step.

02 Parenting

READER PROBLEM

A child is loud, late, or falling apart, and the reader reaches for a lecture before they reach for a steady reply.

WHAT THE BOOK HELPS THEM PRACTICE

Pausing, naming what is happening, and answering in a way a child can use.

03 Grief

READER PROBLEM

The loss does not follow a tidy schedule, and most advice either rushes the reader or leaves them alone with it.

WHAT THE BOOK HELPS THEM PRACTICE

Staying with what is true today and keeping a few ordinary duties, without treating grief as a project to finish.

04 Leadership

READER PROBLEM

Other people are waiting on a decision, and the reader is spending the hour on mood, status, and side conversations.

WHAT THE BOOK HELPS THEM PRACTICE

Naming the real priority, speaking in plain language, and owning the call they make.

05 Money discipline

READER PROBLEM

The reader knows the numbers and still spends, delays, or avoids the one choice that would make the next month quieter.

WHAT THE BOOK HELPS THEM PRACTICE

Setting the rule before the impulse, and treating money as a series of choices rather than a mood.

06 Aging

READER PROBLEM

The body and the calendar no longer match the plans made at thirty, and comparison is easier than adjustment.

WHAT THE BOOK HELPS THEM PRACTICE

Using what still works, dropping the argument with a younger self, and planning a day that fits the life they have.

07 Creative work

READER PROBLEM

The reader starts, then stalls when the work is ordinary, and calls that stall a search for inspiration.

WHAT THE BOOK HELPS THEM PRACTICE

Showing up for the next small piece, and finishing a draft without a story about talent.

08 Relationships

READER PROBLEM

The same argument keeps returning, and the reader wants the other person to change first.

WHAT THE BOOK HELPS THEM PRACTICE

Saying the true thing without the extra heat, keeping their own conduct, and leaving the other person's choice with that person.

Stay inside the angle you picked. Grief is not a clinical program. Money discipline is not a promise of what anyone will earn. If a line starts to sound like medical advice, therapy, an income result, or a replacement for a clinician, cut it. The Claim-Safety Card is the short version of that limit.

Write the sentence

One sentence goes into the vault. If you cannot fill these lines, you are not ready to draft.

WORKING TITLE OF THE BOOK

THE READER, IN PLAIN WORDS

THE PROBLEM, ONE SENTENCE

THE PRACTICE, ONE SENTENCE

THE SENTENCE I TAKE INTO STOIC VAULT
